

PARENTS GUIDE TO THE DISCOVERY CLUB

How should I dress my child?

Start with a thin layer next to the skin – long johns or thermals. Layer according to the weather with polar fleece tops and pants as insulation on colder days. Bring a hat and helmet, neck warmer and waterproof mittens. Don't forget ski goggles or sunglasses. Use only one pair of socks, preferably wool ski socks as they keep kids' feet drier and warmer. Apply sunscreen to uncovered skin.

Where do I begin?

Upon arrival at 49° North, head to the Discovery Club in the lowest level of the lodge. This where you will check-in for you lesson, schedule a supervised lunch if desired, receive your lift ticket, and pick-up your rentals. The Discovery Club is open on weekends and during the holiday period starting at 8:30 am.

Now what?

Check-in for lessons ends 30 minutes prior to the lesson start time. Our lessons run on weekends and during the holiday period from 10-12 and 1-3pm. A limited number of cubbies are available to you to store any street clothes, extra layers, etc. Your child will need to check in for their lesson dressed for the day in their ski/snowboard clothing. At check-in please notify staff at check-in of any special needs or allergies.

What is the schedule for the day?

After check-in you will escort your student(s) to the Group Lesson Meeting Area. **Please ensure that they use the bathroom immediately before coming to class.** Lessons leave the teaching area promptly at 10:00 am. Breaks may be taken during the morning, depending on the student's age, energy level and weather conditions. Morning lessons are completed at 12:00 pm Lunch is at served 12:10 pm for those who have purchased a supervised lunch. The afternoon session begins at 1:00 pm. Pick-up is at 3:00 pm in our Group Lesson Meeting area. During pick-up, you can check in with your child's instructor.

You will be given a wrist band at check in with your child's name on it. Please bring this wrist band to check-out

Parent checklist to bring to the mountain:

1. A well-rested child who has had a hearty breakfast.
2. Snow jacket, snow pants, warm socks, gloves, face mask.
3. Skis/snowboard, boots, poles, helmet, eye wear, big smile!
4. Season Pass and/or lesson voucher

Additional FAQs

- It is recommended that you **never** bring a child who is sick and/or contagious.
- We recommend arriving 60 minutes early for ticketing and equipment rental fitting if needed.
- Check in is at the Discovery Club in the lowest level of the lodge.
- Groups are formed by age and ability level.
- Please ensure your child has warm, waterproof layers, gloves/mittens and eye protection (sunglasses or goggles).
- We recommend that your child wears a properly fitting helmet during ski lessons. Helmets are provided upon request.
- In the event of your child's injury or medical emergency, our staff may contact medical personnel and/or arrange transportation to a medical facility. In case of emergency, every attempt will be made to reach the emergency contact provided at the time the lesson was purchased.
- Your child will not always ride ski lifts with an instructor, or an adult. If you want your child to always ride with an instructor, you must arrange for a one-to-one private lesson.
- We will attempt to work with students with special physical or learning considerations; however, we must be made aware of these needs at registration. Students are a danger to themselves or others will be brought back to the discovery club for the remainder of the lesson. Not all of our instructors have adaptive training. **We always recommend a private lesson if students have special needs.**